### **Universal Home Health and Hospice Presents**



### CAMP BRAVEHEART IS A FREE GRIEF CAMP FOR CHILDREN AGES 5-13 WHO ARE GRIEVING THE LOSS OF A LOVED ONE



#### **Registration Opens in April**

FOR MORE INFORMATION, VISIT UHCINC.ORG/CAMP



United Way of Logan County



"HEALING TAKES COURAGE, AND WE ALL HAVE COURAGE, EVEN IF WE HAVE TO DIG A LITTLE TO FIND IT."

– TORI AMOS



# FOR MORE

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This camp is 100% free to participants, made possible by Universal Home Health and Hospice, The Green Hills Foundation, and The United Way of Logan County





## **ABOUT CAMP**

Losing someone close is difficult for adults, but children grieve too! Although we cannot protect them from the pain of loss, we can make sure they build healthy coping skills.

This camp connects kids that have experienced similar loss in a safe and fun environment.

During this three day daycamp, we take part in activities like horseback riding, challenge courses, camp fires, small groups, and creative projects.

## CHILDREN ARE NEVER FORCED TO SHARE

We provide a safe space for healing at camp. Campers will be surrounded by trained counselors and caring adults. We will NOT force anyone to share that is uncomfortable. Our goal is to teach healthy coping skills and create a safe environment for sharing that will help each camper heal in a way that is right for them.

## ADDITIONAL INFORMATION

Ages 5-13

All Meals and Snacks are Provided. Camp is 100% FREE for all participants

Registration opens in April

Learn more at uhcinc.org/camp

